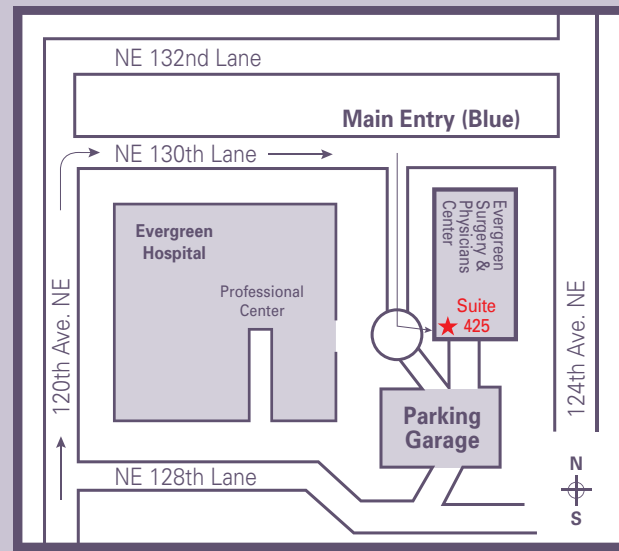


### Overlake Medical Tower

1135 116th Ave. NE, Suite 305, Bellevue, WA 98004  
**Tel:** 425-453-1772 **Fax:** 425-453-0603

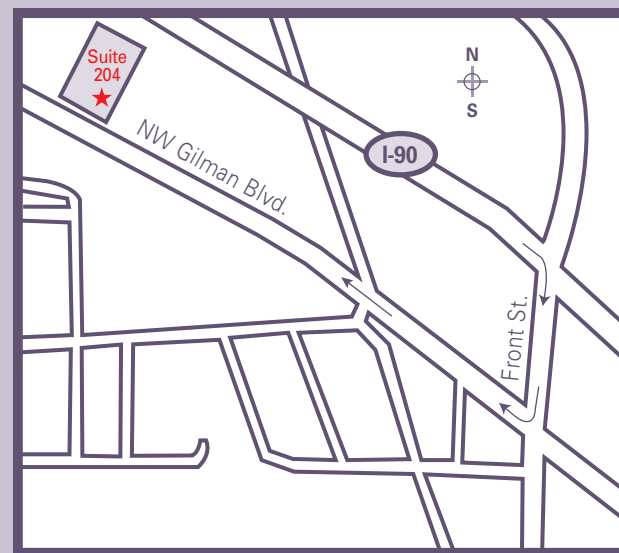
- From I-405 Southbound:** take NE 8th Exit, Eastbound  
**From I-405 Northbound:** take NE 4th Exit, follow signs to Hospital
- Turn north from NE 8th on 116th Ave. NE
  - Turn left into the Hospital Campus at the Emergency Entrance
  - Parking Garage is on your right
  - Patient drop-off is at the entrance in the circular drive on the left
  - Take elevators to 3rd floor and follow hall on right to suite 305



### Evergreen Surgery & Physicians Center

12333 NE 130th Lane, Suite 425, Kirkland, WA 98034  
**Tel:** 425-453-1772 **Fax:** 425-899-2682

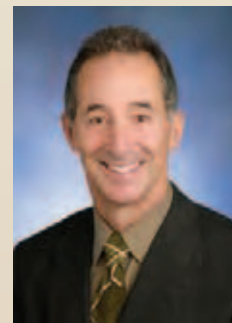
- From I-405:** take Exit 20B and follow signs to Hospital
- Drive past Evergreen Hospital on 120th Ave. NE
  - Turn right onto NE 130th Lane
  - Proceed to Blue Parking Garage
  - Go up to level D
  - Enter Evergreen Surgery & Physicians Center, Suite 425



### Medical Center of Issaquah

450 NW Gilman Blvd, Suite 204, Issaquah, WA 98027  
**Tel:** 425-453-1772 **Fax:** 425-395-1306

- From I-90 Eastbound:** take Exit #17, Front Street
- Turn right on Front St.
  - Turn right on NW Gilman Blvd.
  - Building is on the right



#### Daniel Pepper, M.D. / Medical Director

**Certification:** American Board of Surgery  
**Fellowship:** Scripps Clinic, La Jolla, CA  
**Residency:** General Surgery, University of Washington, Seattle, WA  
**Medical School:** Rush Medical College, Chicago, IL  
**Clinical Instructor:** University of Washington since 1984  
**Private Practice:** Overlake & Evergreen Hospitals since 1984



#### Kathleen Gibson, M.D. / Medical Director

**Certification:** American Board of Surgery, General & Vascular Surgery  
**Fellowship:** University of Washington, Seattle, WA  
**Residency:** General Surgery, University of Washington, Seattle, WA  
**Medical School:** University of Washington, Seattle, WA  
**Private Practice:** Overlake & Evergreen Hospitals



#### Brian Ferris, M.D. / Medical Director

**Certification:** American Board of Surgery, General & Vascular Surgery  
**Fellowship:** University of Arizona, Tuscon, AZ  
**Residency:** General Surgery, Oregon Health Sciences University, Portland, OR  
**Medical School:** University of Virginia, Charlottesville, VA  
**Private Practice:** Overlake & Evergreen Hospitals



#### Leonard T. Su, M.D. / Assoc. Medical Director

**Certification:** American Board of Surgery, General Surgery  
**Fellowship:** University of Washington, Seattle, WA  
**Residency:** General Surgery, University of Pennsylvania, Philadelphia, PA  
**Medical School:** University of Pennsylvania, Philadelphia, PA  
**Private Practice:** Overlake & Evergreen Hospitals



#### Aaron Ebert / Technical Director

**Certification:** (RVT) Registered Vascular Technologist since 1997  
**Degree:** B.S. in Vascular Technology, Oregon Institute of Technology, Klamath Falls, OR  
**Externship:** Pennsylvania State University School of Medicine, Hershey, PA

LAKE WASHINGTON  
**VASCULAR**  
 LABORATORIES

Accredited in Cerebrovascular, Peripheral Arterial,  
 Peripheral Venous & Visceral Vascular Testing



Call us today to schedule  
 your appointment!

LAKE WASHINGTON  
**VASCULAR**  
 LABORATORIES

425-453-1772

www.LakeWashingtonVascular.com

## Arterial Disease

Atherosclerosis, or “hardening of the arteries” is caused by plaque in the arteries. Plaque can narrow the arteries leading to decreased blood flow. Problems in the arteries and veins may affect you in various ways.

### Arteries to the brain

*Stroke - common symptoms:*

- loss of vision in one eye
- difficulty speaking
- Weakness or numbness on one side of the body

### Blockage in the arteries of the legs

*Common symptoms:*

- pain while walking which stops when resting
- non-healing sores on feet and/or toes

### Arteries to the kidneys

*Common symptoms:*

- high blood pressure
- deteriorating kidney function

### Abdominal Aortic Aneurysm

*Common symptoms:*

- sudden onset of lower back or abdominal pain
- often causes no symptoms but is discovered during other routine tests

## Vein Disorders

Veins carry blood from your legs back to your heart. Vein problems may be cosmetic, or they may cause your legs to ache, burn or swell. Heredity, surgery, injury and pregnancy are risk factors for vein problems.

### Blood clots in leg veins

*Deep Vein Thrombosis - common symptoms:*

- sudden pain, swelling in the calf or behind the knee
- may result from bone or joint surgery, injury or prolonged sitting (as in long plane flights)

### Varicose Veins

*Common symptoms:*

- legs ache, swell or have a burning sensation
- cosmetic concerns

### Venous Leg Ulcers

*Common symptoms:*

- typically non-healing wound above the inside ankle

## Making a Diagnosis

Noninvasive vascular testing can provide early detection of abnormalities in the arteries and veins. These tests are painless and are performed in our office setting by Registered Vascular Technologists. Lake Washington Vascular Laboratories uses state-of-the-art ultrasound technology, with high-frequency ultrasound images to analyze blood flow in arteries, veins and organs such as the kidneys.

Vascular testing is performed in a comfortable, relaxed setting. The procedure is simple: a gel is placed on the skin or on the hand-held probe. The probe is then placed on the skin to transmit the ultrasound waves and receive the echoed image. Depending on the study you will be in our office 1/2 to 2 hours. Exceptional test sensitivity helps physicians evaluate the presence and severity of vascular disease.

Detailed preliminary results will be faxed to your referring physician within 24 hours. A final signed report will be sent within a few days. Potentially dangerous results will be reported with an immediate phone call to your physician's office.

## Treating Vascular Disease

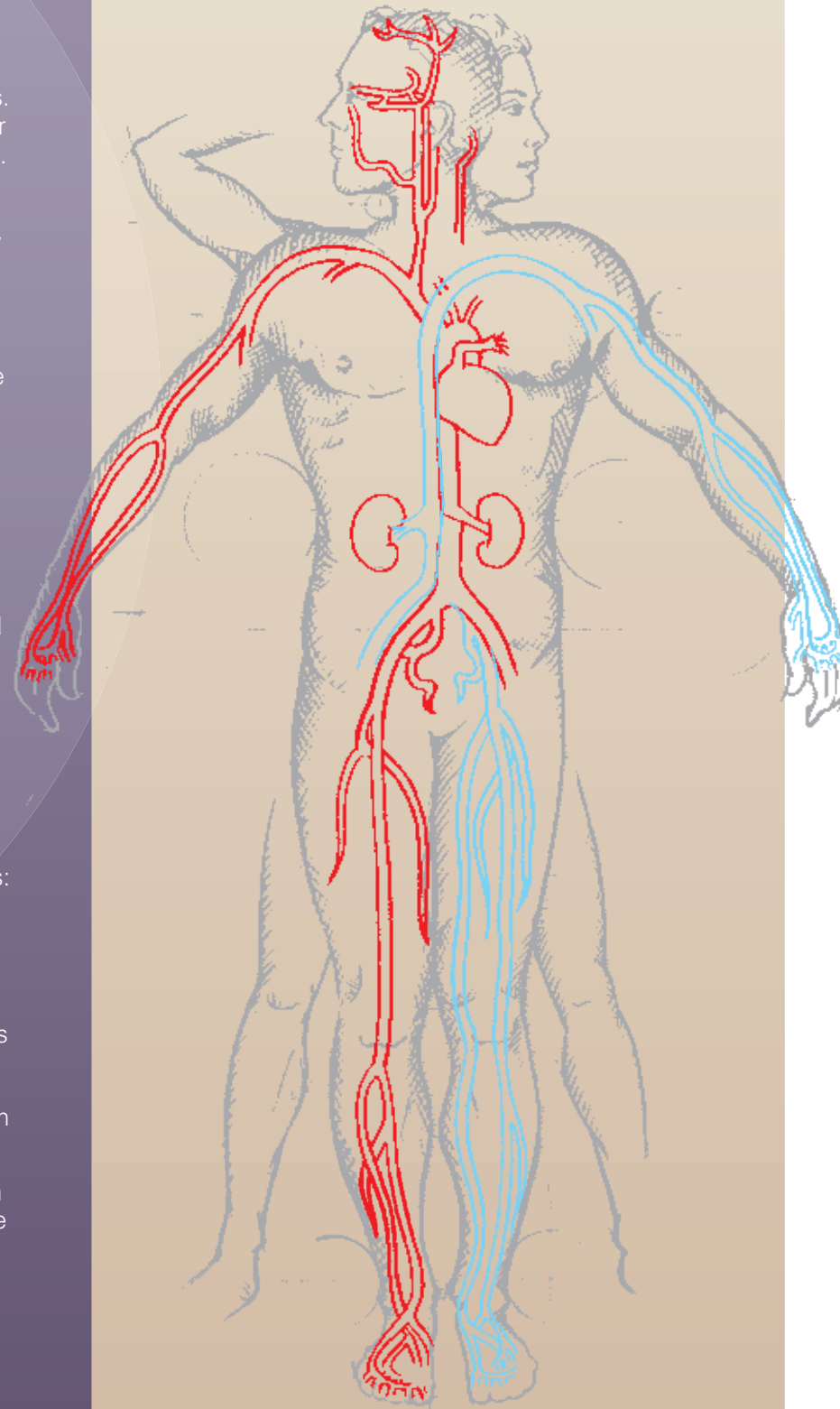
You can help prevent plaque from developing in your arteries by following some simple guidelines:

- maintain a healthy weight
- eat a healthy diet
- exercise regularly
- don't smoke

Your primary care physician can help lower your risks by treating underlying medical problems such as:

- hypertension (blood pressure) control
- lowering cholesterol levels with diet or medication
- control of diabetes

Your primary care physician may also request a consultation with a vascular surgeon. There are many surgical and nonsurgical options for vascular problems.



LAKE WASHINGTON  
**VASCULAR**  
LABORATORIES

### Vascular Lab Patient Scheduling

Name \_\_\_\_\_

Phone \_\_\_\_\_

Referring Physician \_\_\_\_\_

Physician's Phone \_\_\_\_\_

Physician's Fax \_\_\_\_\_

Copies to \_\_\_\_\_

Date Scheduled \_\_\_\_\_ am / pm

Reason for Study \_\_\_\_\_

- Carotid
- Venous Upper Extremity
- Venous Lower Extremity
- Arterial Upper Extremity
- Arterial Lower Extremity (fasting)
- Exercise Treadmill Test
- Renal Artery (fasting)
- Aortoiliac Artery (Aneurysm) (fasting)
- Arterial Bypass Graft
- Cold Sensitivity
- Thoracic Outlet Syndrome
- Dialysis Access
- Digit Ischemia
- Mesenteric Ischemia (fasting)
- Portal / Splenic Vein (fasting)
- Transcranial Imaging
- Ankle / Brachial Index
- Rule out Deep Venous Thrombosis (DVT)
- Other \_\_\_\_\_

#### Overlake Medical Tower

1135 116th Ave. NE, Suite 305, Bellevue, WA 98004

**Tel:** 425-453-1772 **Fax:** 425-453-0603

#### Evergreen Surgery & Physicians Center

12333 NE 130th Lane, Suite 425, Kirkland, WA 98034

**Tel:** 425-453-1772 **Fax:** 425-899-2682

#### Medical Center of Issaquah

450 NW Gilman Blvd, Suite 204, Issaquah, WA 98027

**Tel:** 425-453-1772 **Fax:** 425-395-1306

[www.LakeWashingtonVascular.com](http://www.LakeWashingtonVascular.com)